

# HOW TO STAY HAPPY

Hello! How are you?

These are difficult times. We are worried and we must be aware of what we do. We must stay safe and look after ourselves as much as we can. But we must stay positive as well.

- 1) Open the link. Take a look at the image at the bottom of the page: "Tutto andra benne". I would like you to upload a drawing, a picture, whatever you think will put a smile in our faces. Write a headline for your drawing or picture. Share it with all of us.

<https://www.bbc.com/future/article/20200317-covid-19-how-to-stay-happy-during-the-coronavirus-outbreak>

- 2) Read the text. It is long and it is 'real English' so it might be difficult to understand every single word. But please, do not translate it. You don't need to complete the task today not even tomorrow. You have a few days. As you know, Option 8 is not allowed to us. Choose any other options. Two minimum and tell me why you have chosen them. About 50/70 words per option.

- 3) Take a look at the attached image (closed schools). Tell me in a few lines how it makes you feel. (about 70 words)

